

Hosted by

MENACTRIMS
Middle East North Africa Committee for
Treatment and Research in Multiple Sclerosis



ATTEND OUR NURSING SESSION

Saturday, December 6, 2025

Intercontinental Hotel Festival City

Dubai, United Arab Emirates

Agenda

09:00-10:45		Nursing Session I <i>Chair: J. Massouh (AE)</i>
09:00-09:30	The Evolving Role of the MS Nurse: Global Perspectives	K. Costello (US)
09:30-10:00	Optimizing Symptom Management in MS: Practical Strategies for Nurses	P. Eelen (BE)
10:00-10:45	Empowering Neuroimmunology Care in MENA: Voices from the Frontline	K. Costello (US), S. Ahmed (US), M. Zeineddine (LB), Moderated by J. Massouh (AE)
10:45-11:00 Coffee Break		
11:00-12:45		Nursing Session II <i>Chair: M. Zeineddine (LB)</i>
11:00-11:20	MS Nurses as Brain Health Champions	J. Massouh (AE)
11:20-11:50	New and Emerging Therapies in MS	S. F. Ahmed (KW)
11:50-12:15	Management of Risks Associated with High-efficacy Therapies	P. Eelen (BE)
12:15-12:45	MS Research Essentials	M. Zeineddine (LB)
12:45-14:00 Lunch Break		
14:00-14:30		Nursing Industry Talk I hosted by Roche
14:30-15:00		Nursing Industry Talk II hosted by Merck
15:00-15:30		Nursing Industry Talk III hosted by Novartis
15:30-16:00		Nursing Industry Talk IV hosted by AstraZeneca
16:00-16:30		Nursing Industry Talk V hosted by Sanofi
16:30-17:00		Nursing Industry Talk VI hosted by Biogen

Speakers



Ms. Joelle Massouh

Clinical Manager of Neurology Institute and Multiple Sclerosis Center
Harley Street Medical Centre
Abu Dhabi, United Arab Emirates



Ms. Kathleen Costello

Registered Nurse and Board Certified Adult Nurse Practitioner (CRNP)
Consortium of MS Centers and International Organization of MS Nurses
Castle Hayne, North Carolina, United States of America



Mr. Piet Eelen

Clinical Nurse Specialist Multiple Sclerosis
National Multiple Sclerosis Center (NMSC)
Melsbroek, Belgium



Ms. Sumaira Ahmed

Patient Advocacy Leader
The Sumaira Foundation
Boston, United States of America



Dr. Samar Farouk Ahmed

Consultant Neurologist
Ibn Sina Hospital
Kuwait City, Kuwait



Dr. Maya Zeineddine

PhD, Clinical Associate Professor, MS Certified Specialist, Executive Secretary
MENACTRIMS
Lebanese American University
Beirut, Lebanon

Target Audience

Pharmacists & nurses interested in the field of multiple sclerosis